

## CHBWV receives American Heart Assoc. recognition



*Photo provided*

**Tommy Fontaine, Wellness Committee; Michelle Mason, AHA; Rachel Charette, Wellness Committee; and CHBWV President and GM Scott Anderson hold a plaque from the American Heart Association.**

CH2M HILL BWXT West Valley has been honored with a bronze level recognition from the American Heart Association for building a culture of health in the workplace. The prime contractor to the U.S. Department of Energy at the West Valley Demonstration Project, CHBWV completed an American Heart Association Workplace Health Achievement Index, a reference for making improvements in health-related practices and policies.

"The Index is an important science-based tool that will help us to further improve workplace health for all our employees," CHBWV Health and Wellness Committee Chair Rachel Charette said.

Along with Charatte, Tommy Fontaine, Lettie Chilson, Heather Lafferty and Joe Wolniewicz sit on the Health and Wellness Committee.

The American Heart Association created the Index using evidence-based approaches to approve overall employee health. Using science-based practices, the Index evaluates the overall quality and comprehensiveness of workplace health programs.

"We know that good health is good business and you have reached an important milestone in building a culture of workplace health," American Heart Association CEO Nancy Brown said in a letter congratulating CHBWV on its recognition.